

NORMAN LEAF, M.D., F.A.C.S.
PLASTIC AND RECONSTRUCTIVE SURGERY



AFTER YOUR SURGERY

For patients living close by, from out-of-state or our international clients flying in from abroad, we recommend patients have a friend or relative to accompany them to and from their surgery, stay the night with them the first night after surgery, and bring them back to the office the next day for their 1-day check. If a patient is traveling alone, we can help arrange for a nurse or caretaker to help to make your trip easier. The best option is to use an after-care facility, also known as a recovery retreat. Recovery retreats provide private transportation to and from your surgery and 24 hour nursing care which is critical to your peace of mind or if you prefer we can arrange for Private Duty Nursing to be available at the Hotel of your choice.

RECOVERY RETREATS

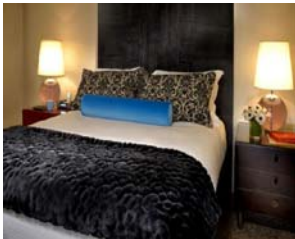


Nouvelle Nirvana Aftercare Retreat

Located at The Thompson Hotel
9360 Wilshire Boulevard
Beverly Hills, California

"Healing requires peace, serenity, unrivaled accommodations and the ultimate in caring support. Customized Care for your individual needs."

Call (310) 801-8368 for further information and pricing, or e-mail them at nirvanaaftercare@aol.com. For information on this hotel call (310) 273-1400



Jade Healing Retreat

Located at The Hotel Palomar
10740 Wilshire Boulevard, Suite 921
Los Angeles, CA 90024

"Jade is R.N. owned and operated, providing 24 hour nursing care with complete confidentiality and privacy."

Call (310) 557-0500 for further information and pricing, or visit them at www.jadehealingretreat.com For information on this hotel visit www.hotelpalomar-lawestwood.com.



Shanteque

Located at the Intercontinental Hotel at Century City
2151 Avenue Of The Stars , Suite 321
Los Angeles, CA 90067

"Exclusive one-on-one care to ensure proper healing and peace of mind, a positive surgery experience beyond the operating room."

Call (310) 246-5600 for further information and pricing, or visit them at www.shantequeweb.com.



Pearl Recovery Retreat

Located at the SLS Hotel
465 South La Cienega Boulevard Suite 375
Los Angeles, CA 90048

"With a private entrance and dedicated hotel wing, to ensure immediate post-surgery period is streamlined, secure, and discreet."

Call (310) 246-5505 for further information and pricing, or visit them at www.pearlrecoveryretreat.com